

We are pleased to announce that we are open for routine care. Presently, our hours are modified and we see patients by appointment-only. Please call our office at 613-389-2125, or e-mail us at [bayridgechiro@gmail.com](mailto:bayridgechiro@gmail.com), leaving your phone number and best time to reach you. We will contact you to schedule your visit.

To keep us all safe, in addition to our routine procedures, we:

- ask staff and patients screening questions,
- have increased cleaning and disinfecting measures,
- use personal protective equipment,
- follow processes to support social distancing, and
- follow procedures to meet, or exceed Ontario Ministry of Health and our regulatory colleges' (CCO & CTCMPAO) guidelines.

Our commitment to delivering safe, effective care remains the same. We look forward to seeing you!